



April 2022 - March 2023

ANNUAL report

Presented by
**Best
Practices
Foundation**

Director's Note

The year 2022-2023 presented new frontiers which we stepped into! It is important that I start by saying thank you to each member of the Best Practices Foundation (BPF) family for their active support and resolute commitment to deliver on promises made to the most marginalised communities we engage with. This has inspired us to think bigger in the next phase of our growth.

BPF got an opportunity to do a qualitative study across the four states of Bihar, Chhattisgarh, Jharkhand, and Odisha to assess the impact of PRADAN's intervention as an NRLM Support Organisation.

The Azim Premji Foundation supported an alliance of nine organisations across South India including 3 NGOs and 6 CBOs for which BPF is the lead organisation. The project focuses on institutional strengthening, entitlements, address issues related to gender-based violence (GBV), for community members and building an Alliance to strengthen the collectives' voices. Through this project we were forced to look deep within and think outside the box, while implementing the various components of the project. The experience has been both daunting and rewarding and has equipped us to lead an alliance and take up larger, more complex projects in the future.

BPF organised a state platform where SLSA offered to train BPF federations' legal committees and assist them in solving difficult cases. Another promising partnership is with Nyaaya (a Vidhi Legal branch), which will provide guidance and legal counsel to the federations on cases that are difficult for the legal committee to solve.

Under the umbrella of GBV, inter-generational dialogues began with women and girls and then the approach extended to younger and older activists to create space for second line leadership. Through an article being submitted to be published in a book on tribal youth leadership, BPF was able to engage in reflection and theoretical analysis of the IGDs and the contribution of this cutting edge methodology in developing second line leadership.

In Karnataka, common issues like GBV, social entitlements, were discussed in district platforms which helped build connections with government officials. As a result, we have been able to leverage entitlements such as loans for 30 Muslim women from the Minority Department. This has been instrumental in strengthening the trust of the communities we work with.

UN Women India has been actively mobilising civil society, women's rights organisations and other stakeholders to increase their involvement in the Generational Equality Forum (GEF) programme. UNW aims to empower youth to support the Beijing Declaration and Platform for Action, ensure inclusive participation, expand the movement, and propose impactful policy responses based on evidence. To assess impact, BPF was commissioned to assess the impact of the GEF on the programme outcomes, identify gaps, and provide recommendations while developing a monitoring and evaluation (M&E) framework for GE India. Additionally, a feminist provided valuable insights into the conceptual framework and the impact of the GEF. An intergenerational grassroots panel was convened to offer grassroots perspectives on UNW priorities on GBV and Economic justice and rights.

BPF has developed two innovations with the girls, namely feminist digital literacy and intergenerational dialogues between girls and women, with support from the American Jewish World Service. The formation of kishori sanghas at the village level has been a key approach in addressing GBV and gender discrimination faced by women and young girls in the project areas.

In Karnataka BPF personnel worked on GBV, legal awareness and the formation of legal committees at state and local levels with support from Inflow Technologies Pvt, Limited. When Karnataka experienced heavy, unprecedented rains in August and September 2022, which left a trail of destruction across Hunsur, T. Narasipura, H.D. Kote, and Periyapatna taluks of Mysuru district, BPF reached out to Inflow Technologies, to provide rations and support relief efforts in the Periyapatna region who promptly responded, demonstrating their unwavering commitment to aid those less fortunate.

BPF worked to enhance trans persons' self-esteem, dignity and livelihood options in Bagalkot and Shivamogga, by facilitating entrepreneurial skill building and obtaining credit, while respecting their right to choose their occupation.

The gender sexual minority (GSM) communities, specifically transgender people, in Raichur, Bidar and Hassan districts of Karnataka were finding it difficult to survive with the limited income generation activities available to them. The primary objective, therefore, was to establish a strong and effective system for entrepreneurship and self-employment, utilising the successful and outcome-driven MOVE processes. The focus was on empowering 90 economically disadvantaged and asset-less transgender individuals.

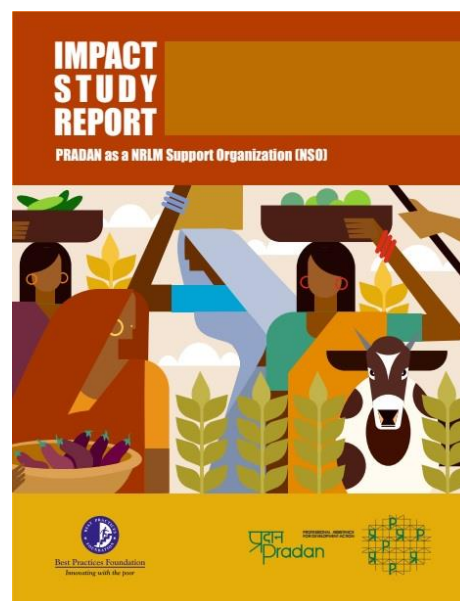
Thank you for your continuous support on our way to developing strategies that make a difference to those less fortunate communities we partner and work with. We all want our communities to prosper and grow.

Dr Sangeetha Purushothaman

Executive Director

Impact Assessment of PRADAN's Role as NRLM Support Organisation | PRADAN | May – Sep 2022

Best Practices Foundation (BPF) conducted a multi-stakeholder qualitative study involving 339 respondents across the four states of Bihar, Chhattisgarh, Jharkhand, and Odisha to assess the impact of PRADAN's intervention as an NRLM Support Organisation. PRADAN focused on improving organic farming practices to help rural families overcome poverty by adopting profitable livelihood options. This intervention aimed to address SDG 1 (poverty reduction) and SDG 15 (natural resource protection). The study found that PRADAN's intervention built the capacity of mission staff and SRLM system cadre, reaching four lakh women farmers who were trained in improved agricultural practices. Women farmers adopted multiple livelihood options, reported higher incomes and enhanced livelihood assets, gained knowledge, and received technical, material and financial support from various sources.



Strengthening CBOs | Azim Premji Foundation | Jul 2021 – Jun 2024

APF is supporting an alliance of nine organisations across South India including 3 NGOs and 6 CBOs for which BPF is the lead organization. The project focuses on four pillars:

- Institutional Strengthening to build sustainable and autonomous CBOs/Federations
- To increase access to resources, information and services for marginalised communities through Entitlements
- To develop relevant strategies and mechanisms to address issues related to Gender Based Violence (GBV), for community members
- To build an Alliance to strengthen the collectives' voices and agency on GBV, citizenship rights and entitlements

In Karnataka the 2 CBOs focused on compliance in 2022-23 and obtained their 12A and 80G certificates. Due to the activities of the three committees (Legal, Sustainability, and Governance), the CBOs are now being recognized in government departments and by local politicians willing to support various activities. BPF organized a state platform where SLSA offered to train BPF federations' legal committees and assist them in solving difficult cases. Another promising partnership is with Nyaya (a Vidhi Legal branch), which will provide guidance and legal counsel to the federations on cases that are difficult for the legal committee to solve. The partnership is also being leveraged for their fellows who are lawyers to link CBO legal committee members to the district-specific TLSA and DLSA, which is currently in progress. In both Karnataka and Telangana, GBV cases are being handled better due to the various training sessions on GBV and laws.

Under the umbrella of GBV, inter-generational dialogues began with women and girls and then the approach extended to younger and older activists to create space for second line leadership. The alliance reviewed each other's work through peer learning visits and consequently each identified areas of excellence for cross learning.

In Karnataka, the formation of District Platforms addressed common issues like GBV, social entitlements, organisational structures, and functions. These platforms have also helped build connections with government officials to garner their support to solve identified issues. Points of contact have been established with various government departments such as WDC, Minorities Commission, SC and ST Corporation, NRLM, Sanjeevini Federations, SLISA, and DLSA. Due to various training modules and workshops conducted, the women in the two federations are now accepting other communities such as gender sexual minorities (GSM), female sex workers, and the differently abled. This paves the way for establishing more inclusive platforms, networks, and workshops to analyse the different perspectives and issues faced by these diverse community organisations.



Strengthening and Implementing the Monitoring and Evaluation Framework for the Generation Equality Programme in India | UN Women India | June – Nov 2022

The Generational Equality Forum (GEF), organized by UN Women (UNW) in Mexico in 2021, identified six key issues: Gender-Based Violence, Economic Justice and Rights, Bodily Autonomy and Sexual and Reproductive Health and Rights (SRHR), Feminist Action for Climate Justice, Technology and Innovation for Gender Equality, and Feminist Movements and Leadership. UN Women India has been actively mobilizing civil society, women's rights organizations and other stakeholders to



Presentation on GBV and EJ priorities by grassroots panel feminists

increase their involvement in the GEF program and participate in national and global dialogues. UNW aims to promote political accountability and action, empower youth to support the Beijing Declaration and Platform for Action, ensure inclusive participation, expand the movement, and propose impactful policy responses based on evidence. To assess impact, BPF was commissioned to analyse three outcomes, identify gaps, and provide recommendations for developing a monitoring and evaluation (M&E)

framework for GE India. Additionally, a feminist panel was established to provide valuable insights into the conceptual framework and instruments for stakeholders. An intergenerational grassroots panel was convened to offer grassroots perspectives on UNW priorities on GBV and Economic Justice and Rights.

Federations Mobilise Adolescent Girls Collectives (Year IV) | American Jewish World Service | Jan 2022- May 2023

Capacity building of the federations has enabled compliance and streamlined responsibilities through issue-based committees. Increased collection of membership fees resulted in the federation's bank accounts growing and greater sustainability. This enabled federations to get involved in capacity building and cascading training for kishori sanghas (adolescent girls' collectives) and other SHGs.

The formation of kishori sanghas at the village level has been a key approach in addressing GBV and gender discrimination faced by women and young girls in the project areas, as well as promoting education for girls. BPF successfully mobilized 80 groups of adolescent girls, with approximately 20 groups operational in each of the four project districts. Under the AJWS project, BPF has developed two innovations with the girls, namely feminist digital literacy and intergenerational dialogues between girls and women.



Nethravathi and Puthri Kumari adolescents, explaining about Sanchi Honnamma Scholarship, Periyapatna

Feminist Digital Literacy

A comprehensive Feminist Digital Literacy course consisting of seven modules was developed and implemented to empower girls with essential knowledge and promote their inclusion in the digital world. The primary objective was to challenge gender stereotypes linked to technology by equipping a group of girls to train other girls and women in their community. The modules encompassed various skills such as creating email IDs, establishing WhatsApp groups, utilizing voice commands for internet exploration, connecting to Hotspots, using Google Maps, and understanding the dos and don'ts of mobile phone usage. Using cascading training, the kishoris, who participated in the training, subsequently shared each module with the sangha women. This enabled them to educate their peers, mothers, and other sangha women on how to utilize technology.

Intergenerational Dialogue (IGDs) with kishoris and adult women

In Assam and Karnataka, dialogues were facilitated between kishoris and women to explore and understand the differences in perspectives, experiences, and actions across generations in various contexts and situations. In Karnataka, BPF sought the expertise of external professionals to develop a manual specifically for IGDs with support from other projects. The manual underwent a pilot phase and was subsequently refined before being implemented in all four districts. During these dialogues, participants had the opportunity to express their viewpoints and discuss issues such as early marriage and developed joint action plans for both generations to work together.

Gender Based Violence

Efforts to address GBV have been significantly strengthened through a new partnership with Nyaya, whose fellow lawyers have visited the federations to work closely with our legal committees. This partnership aims to address complex GBV cases and establish a strong connection between the legal committees and the District Legal Services Authority (DLSA). In addition to this, we are exploring an innovative approach that involves engaging both boys and girls in addressing



Training on Gender Based Violence, Bangalore

GBV. Initially, we initiated awareness programs on GBV with girls, empowering them to become trainers themselves and educate their peers about different forms of GBV. Now, we have expanded our training efforts to include girls and women on the relevant laws related to GBV.

GiveOut Support through the Pandemic | Jul 2021 to Jul 2022

The COVID 19 pandemic stretched every system in the country. It also intensified the fault lines in our unequal society. Minimal food and other essentials reached needy and socio-economically disadvantaged gender and sexual minority (GSM) or LGBTQIA+ persons in small towns and rural areas during both COVID-19 lockdowns. The public healthcare system was further stretched during the second wave (2021) with over-crowded hospitals unable to even admit critically ill patients. Movement restrictions (specifically in certain districts and states) and minimal or no public transport impeded local, inter-district and inter-state travel. This compelled us to co-ordinate and conduct many important community discussions and workshops over the phone, which reduced participation (as many lacked necessary gadgets (like computers and smartphones) or infrastructure (stable Internet connectivity), or necessary skills (how to use Whatsapp or Zoom) and increased challenges (as many prefer and were accustomed to physical meetings)

The community members also experienced increased anxiety, fear and even panic due to the staggeringly high mortality and morbidity rates as India was among the worst hit countries during the second COVID-19 wave.

Being already vulnerable, due to uncertainty of livelihood and minimal or no savings or alternate support or income and weak social support systems, these communities also struggled to access government entitlements and assistance from civil society organisations.

We provided awareness through succinct, multi-lingual digital messages (audio visual and text) and offline workshops for non-English speaking, socio-economically disadvantaged GSM community leaders on:

- Awareness on COVID-19 realities, myths, prevention, testing, care, nutrition, vaccination, handling co-morbidities (chronic diabetes, hypertension, cholesterol, hyperthyroidism, heart

and respiratory illnesses and other community and mental health issues). We also addressed issues of vaccine access and hesitancy. Some of those who were living with HIV or were on HRT had concerns about the vaccination adversely impacting them.

- Crisis intervention support – to handle increased GBV from intimate partners, biological family, householders, community members, neighbours; eviction and threats from home owners (due to rent owed from income loss) during and after the 2021 COVID-19 lockdown
- Awareness on specific social entitlements for COVID-19 affected and vulnerable persons

The GSM community leaders cascaded this information in local languages to community members through offline and online discussions on COVID-19, co-morbidities like chronic diabetes, hypertension, cholesterol, hyperthyroidism, heart and respiratory illnesses and other community health issues including mental health challenges like fear, severe anxiety, panic attacks, suicidal ideation and suicide attempts.

We also documented narratives of lesser known GSM persons (like Intersex persons, transgender men and indigenous communities like Jogappas and Shivashaktis) of how they survived during and after the lockdowns imposed in 2020 and 2021 due to the pandemic, irrespective of whether they had COVID-19 or not. We contacted these persons through their collectives for whose members we have been facilitating workshops on relevant laws and policies, handling GBV, sensitizing society and healthcare professionals about their challenges and needs, accessing social entitlements (like identification documents, government loans, subsidies and other benefits), ICT usage and safety and mental wellness over the last 4-5 years. We interviewed about 10 persons telephonically on how COVID-19 and consequent lockdowns impacted their physical and mental health, livelihood, nutrition, connectivity, communication, housing and other essential needs. With their prior consent, we audio recorded and translated these interviews into English and edited them.

Most beneficiaries were non-English speaking, socio-economically disadvantaged GSM persons in small towns and semi-rural areas of Telangana and Andhra Pradesh (2 south western states in India) who are:

- Community leaders
- On HRT or with HIV and/or co-morbidities like diabetes, hypertension, high cholesterol levels, hyperthyroidism, chronic cardiac or respiratory illnesses and/or mental health issues
- Elderly, infirm, alone, with dependents, having disabilities
- Sex workers
- Indigenous identities (Shivashakti, Hijra, Kothi, etc.)
- Lesser known or less visible (intersex, transmasculine, intertrans)

We provided them with dry food rations, protective gear and other essentials during and just after the lockdown. Further, we gave them authentic and approved audio-visual information on the realities and myths of COVID-19, prevention and care; mental and physical healthcare support (referrals to GSM support groups, queer affirmative counsellors/therapists/physicians/institutions online and offline), crisis intervention support and social entitlements awareness.

"The mental health workshops helped me heal emotionally and enhanced my capacity and skills to support my community members better." Said Priyanka K, GSM community leader, Prakasam district, Andhra Pradesh state

"I am grateful for your timely support of sufficient and good food rations and other essentials and happy that you are documenting my narrative. Hardly anyone understands our challenges, needs and aspirations especially since the COVID-19 pandemic began. People who respected us earlier, ignore us now." stated Ashwini, Shivashakti, Rajanna Siricilla district, Telangana state.

Strengthening grassroots leadership among sex workers and gender sexual minorities in South India | Creating Resources for Empowerment and Action Inc (CREA) | Apr 2022 - Aug 2024

In Andhra Pradesh, Tamil Nadu, and Telangana, sex workers and LGBTIAQ+ community members were trained in Crisis Intervention and Management to create an understanding of power and patriarchy and awareness of existing government services to address gender-based violence. The leaders formed teams to respond to various crises that the members faced, and they also responded to personal distress calls from community members. The range of training helped to build the members' confidence and understanding of different dimensions of leadership. It resulted in leaders gaining acceptance not only from other members of the community but also from the general public.

Self-Help Groups were created to promote the habit of thrift and savings and facilitate access to credit from formal institutions like banks, enabling community members to access credit and saving at a reasonable rate. The project helped forge alliances and links with other groups, such as those working to mainstream people with disability or the welfare of children.

The CREA SOAR grant was designed to support working-class sex workers, gender and sexual minority communities from four states in South-India, namely Karnataka, Andhra Pradesh, Telangana and Tamil Nadu. The grant effectively contributed to improving the safety and protection of the LGBTQI and sex worker communities through training on understanding violence, its types, and how it links with power. It enabled sex worker and gender and sexual minority leaders and persons to understand legal procedures, laws, through trainings on legal awareness.

The training resulted in the formation of three crisis intervention committees in Tamil Nadu. Plans with CBO leaders on how to form, drive and sustain the crisis intervention committees were elaborately discussed. The primary role of the committees is to address violence and violations against the communities, and prevent further incidents of violence. This is a tangible step in securing and improving the rights of the communities as it allows a mechanism for redressal of violations and greater advocacy to improving rights of marginalized communities.

2 CBOs in Yadgir district of Karnataka conducted meetings with local governing bodies to sensitise them about rights and lives of GSM communities. The officials who attended the meetings committed to working alongside the community leaders to improve their access to social entitlements and citizenship rights of the communities.

Addressing Gender Based Violence | Inflow Technologies | Mar 22 to Mar 2023



Training of Legal Committees, Bangalore

In Karnataka BPF personnel worked on GBV, legal awareness and formation of legal committees at state and local levels. Thus 80 women leaders were mobilised into Legal Committees in four federations located in Ballari, Periyapatna, Bijapur and Bagewadi. A ToT on Legal Committee responsibilities was carried out with members. Training on forms of violence was cascaded in all 4 federations and also with girls and boys. Training on Laws to protect women and girls made women aware of their rights and the laws.

Strengthening Individual and Collective Leadership among Working Class Sex Workers and Sexual Minorities | American Jewish World Service (AJWS) | Apr 2021 to Mar 2023

The project aimed to address GBV by targeting GSM (LGBTIAQ+) groups and sex workers (including the ones living with HIV), improving access to entitlements, and fostering alliance building in small towns and villages in Theni and Kanyakumari in Tamil Nadu, as well as Guntur and Prakasam in Andhra Pradesh. It facilitated their access to entitlements and created a network of local partners, including service providers and marginalized groups.

The communities received training in book-keeping, digital literacy, and leadership skills. Along with health education, there was hand-holding support for obtaining entitlements. It enabled the leaders to assist community members in all districts in obtaining entitlements. They emphasized the value of workshops for developing resilience. They can now speak for themselves in front of government officials more confidently.

Reclaiming our bodies, asserting our identities | Heinrich-Böll-Stiftung | Feb – Nov 2022

In Andhra Pradesh and Telangana, the stories of lesser-known GSM individuals (Shivashaktis, Intersex, Asexual or Aces), sex workers, women, and trans men with disabilities were documented and published for their visibility. Through existing partners (community leaders and collectives), Shivashaktis, Female sex workers (FSWs), and Persons with Disability (PwDs) were identified to document their stories. An interview guide was prepared to conduct the interviews, which helped design an electronic anthology. The casual meetings were held with the specialists and Aces, and a video of the willing Ace was produced with subtitles.

The programme resulted in the lesser-known finding forums and opportunities to discuss their lives, challenges and needs, potentially collectivizing among themselves and strengthening existing collectives. It helped them grow, share and learn about issues, needs, and mutual realities.

Disaster Relief | Inflow Technologies | Sep 2022

Karnataka experienced heavy, unprecedented rains in August and September 2022 which left a trail of destruction across Hunsur, T. Narasipura, H.D. Kote, and Periyapatna taluks of Mysuru district. The incessant downpours led to crops being washed away, scarcity of daily wage labour and incomes, starvation and sickness. Upon the federation leaders' request for assistance, BPF reached out to Inflow Technologies, appealing for funds to support relief efforts in the Periyapatna region. Inflow Technologies promptly responded, demonstrating their unwavering commitment to aid those less fortunate.

Federation members played key roles in identifying vulnerable people (elderly, sick children and adults, widows, women headed households lacking proper support, etc.), sourcing and procuring rations kits at the best possible price, packing and finally distributing these lifesaving kits to 300 families on the 13th, 14th and 15th of September,



Gangamma,
Panchvalli

Gangamma is 70 years old and she fell down and broke her leg. The doctor said that fixing the break was not possible due to her advance age. While Gangamma was in hospital, her daughter Gauramma took care of her and could therefore not go for work. When she brought her home, Gauramma had to continue caring for her old bed ridden mother. She said, "When we received the ration, we were able to eat and now my mother is slightly stronger."



Supported by Inflow Technologies Pvt. Ltd.
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2022. Despite heavy rains, the majority of identified individuals made their way to the central distribution point at Hoskere., undeterred by the weather. BPF staff and federation members handed over ration kits at the homes of those who were too sick or disabled to move.

Our Wellbeing, Our Voices: SRH of Grassroots Sex Workers and LGBTIAQ+ Persons | Public Health Institute | Nov 2023 to Oct 2024

In Yadgiri district, Karnataka, this project aimed to enhance knowledge of sexual and reproductive health (SRH) and awareness among grassroots sex workers, LGBTIAQ+ communities, and relevant stakeholders, including healthcare professionals, through creating comprehensive audio visual resources, and comic books in regional languages on SRH.

The sex worker and LGBTIAQ+ communities collectively identified the audio and visual resource topics. It encouraged them to develop a comic book on SRH as a tool to spread awareness in communities. Six audio and visual resources developed in regional languages and comic books were authored by the sex worker and LGBTIAQ+ communities in Yadgiri district which is being used to disseminate the knowledge further in their communities.

MOVE | Inflow Technologies | Oct 2021 to Oct 2022



Jowar selling Business, Bijapur

Inflow Technologies extended their support to empower women through BPF's award-winning livelihood innovation, MOVE in Periyapatna, Bijapur, and Basavana Bagewadi. The initiative first had to revive defunct self-help groups (SHGs) and provide training to their members, highlighting the significance of SHG formation, regularization of savings and lending activities. BPF organized MOVE training sessions, linked them to bank credit, skills training and provided support, resulting in 15 businesses. The average income of participants *before* MOVE was INR 1,220 and average income *after* MOVE rose to INR 4,095.

Mayyavva Uppar is purchasing Jowar in bulk from farmers, selling it in neighbouring villages and earning Rs. 9000/- per month. Mayyavva said, *"I have purchased 30 grams of gold this year, moved into a pukka house and am educating my children. All this is thanks to the MOVE training I attended."*

Jayashri took up *roti-making* because it required very little investment. She is able to earn around INR 7,000 per month and has saved INR 9,000 in her bank account, since she started the business. Jayashri said, *"The money I earn is sufficient for my livelihood. This business gives me happiness and pleasure as I am helping the hungry and the poor"*.



Jayashri-Selling Rotis

Entrepreneurship development for marginalised trans persons in South India | Charities Aid Foundation (America)-NI | Nov 2021 – Oct 2023

BPF worked to enhance trans persons' self-esteem, dignity and livelihood options in Bagalkot and Shivamogga, by facilitating entrepreneurial skill building and obtaining credit, while respecting their right to choose their occupation. The project aimed at enabling underprivileged trans persons build sustainable businesses which will increase their incomes and have a positive impact on their quality of life. The project aims to create a robust entrepreneurial model for future replicability.

In north Karnataka, south Maharashtra, west Telangana, and Andhra Pradesh, Jogappas belong to a traditional GSM community that believes Goddess Yellamma has 'touched,' cursed, or possessed them. Their livelihood is limited to seeking alms in the name of the Goddess, performing religious rituals, and being invited to people's homes on auspicious events. The socio-economic status of these constituencies is generally poor as they have limited education, skills and work experience. They often cannot acquire academic or vocational skills due to social discrimination, ostracization, and rampant sexual violence. The primary source of their livelihood is seeking alms and sex work amidst exploitation and violence. They are often compensated through groceries and clothes, and are not given money for singing and worshipping the goddess. In Shivamogga and Bagalkot, however, other livelihood sources, such as daily wage work and agriculture work, can be seen.

In 6 months, 3 self-help groups in Bagalkot and 4 in Shivamogga with 82 members were created for mutual learning, growth, and sustenance. The benefits of collectivising led to the formation of 10 new SHGs in both districts. They were registered under WCD (Women and Child Development)



Bank visit for credit linkages, Raichur

department, Karnataka, and linked with banks. Their members consistently save money, have successfully obtained ID cards as well as bank accounts, and have acquired knowledge of banking processes. The district banks were also sensitised towards the GSM community which helped the community by increasing their access to banks.

After recommendations by the Zilla Panchayat (district administration) of Bagalkot District, one SHG which regularized its documentation, received a loan for INR 150,000 from which INR 20,000 was sanctioned to individuals. Other members started animal husbandry with funds from their Self-Help Group. Being part of SHGs helped increased the savings of its members and enabled them to link with a formal credit system. Thus, MOVE helped them to establish their own business.



Analysis of goal setting game by Pawadshetty, Master Trainer, MOVE, Bagalkot, February, 2023

MOVE | Sangama | July 2021 – Jul 2023

The gender sexual minority (GSM) communities, specifically transgender people, in Raichur, Bidar and Hassan districts of Karnataka were finding it difficult to survive with the limited income generation activities available to them. The primary objective, therefore, was to establish a strong and effective system for entrepreneurship and self-employment, utilizing the successful and outcome-driven MOVE processes. The focus is on empowering 90 economically disadvantaged and asset-less transgender individuals.

Although many GSM members were already part of community-based organizations (CBOs), none of these were credit-worthy. Thus, BPF and Sangama first facilitated the formation of five SHGs in Hassan, four in Raichur, and two in Bidar. Then the participants started saving to establish their

creditworthiness with financial institutions. Additionally, each SHG received seed funding to support members who required financial assistance to kickstart their micro businesses.

As a result of these efforts, a total of 30 sustainable businesses have been launched across the three districts. GSM members are now able to collectivise themselves, build leadership and teamwork skills. These confident and successful SHGs have inspired others in the communities to form new SHGs by themselves. The GSM communities are now more actively participating in society. There is also increased awareness and sensitization among district government staff and commissioners.

Our Wellbeing, Our Voice: Strengthening Access to Healthcare Amongst Vulnerable Groups at the Grassroots | Commonwealth Foundation | Oct 2022 - Jun 2024

In Shivamogga district the project aims to strengthen grassroots sex workers and LGBTIAQ+ communities to take charge of their well-being, support inclusion, and enhance accountability in the healthcare system. A needs assessment was first conducted to understand the requirements of the constituencies. After identifying the health status and needs of the sex workers and GSM communities a situational analysis was done. Capacity-building on preventive and promotive health care was provided to communities. The newly formed district committees were provided training and mentoring. The committees conducted community consultation, community sensitisation meetings, and awareness building.

Project Santrupti | Guardian | Jan - Mar 2023

In Tamil Nadu, to enhance the mental wellness of socio-economically disadvantaged LGBTIAQ+ community members, we had to first understand their challenges and issues. Consultation meetings were held with community First Responders, LGBTIAQ+ and marginalised community members. Sensitization sessions were held with stakeholders to create awareness about LGBTIAQ+ community and inclusivity. The programme gathered data on the mental health needs and challenges of the LGBTIAQ+ community leaders in Tamil Nadu to design relevant interventions.

Huairou Commission (HC) | Systems Strengthening | Jun – Sep 2022

The HC helped BPF to set priorities for strengthening internal systems by conducting a stock taking exercise, in order to support sustainability and increase eligibility for funding through Huairou and other sources. Using a common diagnostic tool and peer learning mechanisms across South East Asian members, our capacity building strategies were developed with a focus on financial management. Capabilities and expenditures were reviewed and accounting software was purchased to enable multi-user accounting.

This helped BPF to prepare proposals that would improve access to funding from large development agencies as well as to enhance HC-SIDA financial reporting and review processes.

Restoring Promise of Water (RPOW) | IIT-IIT | Apr 2022 - Mar 2023

In Odisha and Karnataka, a programme was launched to develop national capacities for scaling the RPOW. In Karnataka, we developed 2 Modules, 4845 Tracker and Trolleys Load with SWARDS, which

benefitted 29 Farmers, 4730 Tracker Trolleys loads for Janraksha, and in Odisha, 14250 Tracker Trolleys Load for BCKIC was developed.

The project also focused on establishing the capabilities of local NGOs to scale the rejuvenation of local water bodies and benefit the farmers with silt. Tank ground truthing for Aranya was completed, and the project also engaged with Gram Panchayats in Nirmal District, Telangana.

Satellite Mapping of Water Bodies | IIT-IIT |

A waterbody map across India was created through the data from the government records of several districts. It enhanced the quality of the satellite data by cross-referencing and augmenting the data from government records.

Events | IIT-IIT |

An awareness event in Aug 2022 engaged the anchor NGOs, IITians, Rotary Bangalore, other corporate donors, and technology partners. It led to the onboarding of many NGOs and donors for the project

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Receipts and Payments Account for the year ended 31st March, 2023
(Consolidated)

Receipts			Amount (Rs.)	Payments			Amount (Rs.)
To Opening Balance: (Schedule Y5)	FC	LOCAL		By Specific/Ear-Marked Fund Expenses:	FC	LOCAL	
a) Cash in Hand	58,110.50	21,179.50		(As per Schedule V2 & W2)	98,56,316.00	1,69,75,879.00	2,68,32,195.00
b) Cash at Banks	2,08,494.38	39,32,418.47		By Other Payments:			
	2,66,604.88	39,53,597.97	42,20,202.85	OTHER PAYMENT-Leadership	-	2,80,524.00	
c) Fixed Deposit : Schedule - Y4	13,07,500.00	1,27,56,674.00	1,40,64,174.00	EDUCATION FUND	-	1,00,600.00	
d) Programme Advance				Health Fund	-	980.00	
Head Office	20,453.00	19,117.00		Audit fee -21-22		15,000.00	
Leadership	86,786.00	1,37,464.00		PT-21-22	2,400.00	200.00	
	1,07,239.00	1,56,581.00	2,63,820.00	BANK CHARGES	354.00	383.50	
e) TDS Recoverable (from Govt.)	1,04,502.00	5,60,165.00	6,64,667.00		2,754.00	3,97,687.50	4,00,441.50
f) Rent Deposit	4,40,000.00	1,00,400.00	5,40,400.00	* Closing Balance:			
Specific / Ear-Marked Funds received				a) Cash in Hand Schedule - Y5	1,001.50	321.50	
(As Per Schedule V1 & W1)	1,21,16,508.00	1,61,00,780.00	2,82,17,288.00	b) Cash at Banks Schedule - Y5	2,07,576.88	1,72,679.66	
* Bank Interest:					2,08,578.38	1,73,001.16	3,81,579.54
a) on SB a/c	41,741.00	63,403.00		c) Fixed Deposit - Schedule - Y4	40,08,404	1,68,81,755	2,08,90,159.00
b) on Fixed Deposits	57,884.00	7,93,190.00		d) Programme Advance			
	99,625.00	8,56,593.00	9,56,218.00	Head Office	45,800.00	10,000.00	
To Other Receipts:				Leadership	70,792.50	54,065.00	
a) General Donation:					1,16,592.50	64,065.00	1,80,657.50
NextGen Goodera	-	4,494.69		e) TDS Recoverable (from Govt.)	1,10,334.00	5,04,341.00	6,14,675.00
Education fund	-	1,26,000.00		f) Rent Deposit	1,40,000.00	1,00,400.00	2,40,400.00
Health Fund	-	35,000.00					
General Purpose	-	1,46,843.00					
	-	3,12,337.69	3,12,337.69				
b) TDS Collected	1,000.00		1,000.00				
Rental Deposit refund		3,00,000.00	3,00,000.00				
Total			4,95,40,108	Total			4,95,40,108

Vide our report attached
For Shiva Prasad and Co.,
Chartered Accountants
FRN: 014378 S

CA. Shiva Prasad S
Proprietor
MRN: 232414
05-10-2023, Bengaluru



For Best Practices Foundation

Dr. Sangeetha Purushothaman
Secretary



Gopa Mukherjee
Treasurer

BEST PRACTICES FOUNDATION
Flat 3C/2C, Santosh Apartments, Palmgrove Road, Victoria Layout.
Bengaluru - 560047. Karnataka, India.

Income and Expenditure Account for the year ended 31st March, 2023
(Consolidated)

Expenditure			Amount (Rs.)	Income			Amount (Rs.)
	FC	LOCAL			FC	LOCAL	
To Other Payments :				To Bank Interest: Schedule - Y6			
Bank Charges	354	384	738	on SB a/c	41,741	63,403	
Depreciation	17,27,599	9,53,093	26,80,692	on FDs	57,884	7,93,190	
					99,625	8,56,593	9,56,218
				" Excess of Expenditure over Income transferred to General Fund	16,28,328	96,884	17,25,212
Total			26,81,430	Total			26,81,430

Vide our report attached
For Shiva Prasad and Co.,
Chartered Accountants
FRN: 014378 S

CA. Shiva Prasad S
Proprietor
MRN: 232414
05-10-2023, Bengaluru



For Best Practices Foundation

Signature
Dr. Sangeetha Purushothaman
Secretary



Signature
Gopa Mukherjee
Treasurer

BEST PRACTICES FOUNDATION
Flat 3C/2C, Santosh Apartments, Palmgrove Road, Victoria Layout,
Bengaluru - 560047, Karnataka, India.

Balance Sheet as on 31st March, 2023
(Consolidated)

Liabilities			Amount (Rs.)	Assets			Amount (Rs.)
	FC	Local			FC	Local	
1. Capital Fund:				1. Fixed Assets:			
As Per Last Balance sheet	25,66,583	58,14,692		(As Per Schedule Y1)	9,37,828	48,83,497	58,21,325
Add: from Project Utilisations	98,844	21,898		2. Deposits:			
	26,65,427	58,36,590		Fixed Deposits (Schedule Y4)	40,08,404	1,68,81,755	2,08,90,159
Less: Transferred to General Fund	26,65,427	58,36,590		3. Current Assets:			
	-	-		a) Cash in Hand (Schedule Y5)	1,002	322	
2. Undisbursed Ear-marked/Specific Funds:				b) Cash at Banks (Schedule Y5)	2,07,577	1,72,680	
(As per Schedule Y2 & Y3)	37,74,592	1,12,22,659	1,49,97,251		2,08,578	1,73,001	3,81,580
3. General Funds:				c) <u>Rental Deposits:</u>	4,40,000	1,00,400	
Opening Balance	18,51,103	56,56,028		Less : Rental Deposit refund-Leadership	3,00,000	-	
Add: Transferred From Capital Fund	26,65,427	58,36,590			1,40,000	1,00,400	2,40,400
Add: Excess of Income transferred from I & E a/c	-	-		d) <u>TDS Receivable:</u>			
Less: Excess of Expenditure transferred from I & E a/c	16,28,328	96,884		As per last Balance Sheet	1,04,502	5,60,165	
Add: Reversal of Provision	-	25,000		Less: Refund received	-	1,71,610	
Less: Excess applied adjustment-SCH-Y2 & Y3	10,82,465	52,074			1,04,502	3,88,555	
	18,05,737	1,13,68,659	1,31,74,397	Add: TDS Receivable during the year	5,832	1,15,786	
4. Other Liabilities:					1,10,334	5,04,341	6,14,675
a) Tax Deducted at Source	1,000		1,000	e) <u>Programme Advance</u>			
b) Medical expenses-(As per Schedule - LQ)	-	15,740	15,740		45,800	10,000	
					70,792.50	54,065.00	
					1,16,592.50	64,065.00	1,80,658
				4. Others:			
				Ear-marked Funds-EXCESS APPLIED			
				(As per Schedule Y2 & Y3)	59,592	-	59,592
Total			2,81,88,388	Total			2,81,88,388

Vide our report attached
For Shiva Prasad and Co.,
Chartered Accountants
FRN: 014378 S

CA. Shiva Prasad S
Proprietor
MRN: 232414
05-10-2023, Bengaluru



For Best Practices Foundation

Dr. Sangeetha Purushothaman
Secretary



Gopa Mukherjee
Treasurer